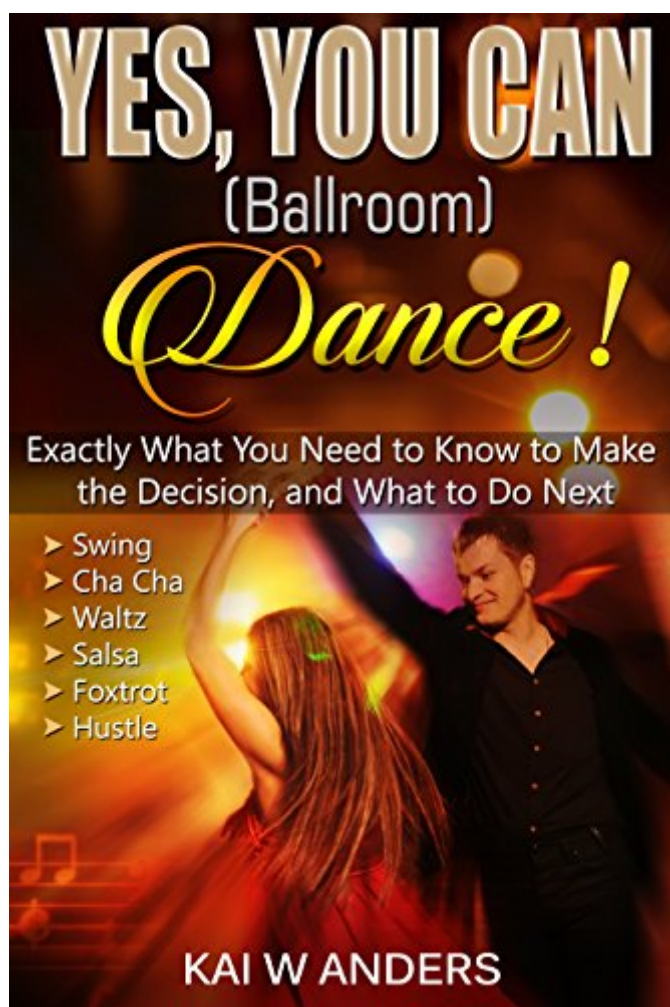


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# **Yes. You CAN Ballroom Dance!: Exactly What You Need To Know, In Plain Language (Couples Therapy, Couples Dance, Healthy Relationships)**





## Synopsis

Learn Exactly What You Need To Know to Get Started Having Fun, Ballroom and Social Dancing, as presented by a 30 year veteran instructor. I guarantee you will find this information valuable. So I highly encourage you to leave a review, and share the wealth! You are about to discover how to save money and take control of your Ballroom and social dance future. Whatever your excuse, it is JUST an excuse. In Yes! You CAN Ballroom Dance, I provide the facts so that you can make an informed decision about what is, and is not, possible when it comes to dancing. Whatever the excuse, you CAN dance and I can prove it! In Section One, the excuses are debunked. A sad fact of the Western world is that many people mistakenly conclude that they can't couple dance because they can't move like Michael Jackson did. But they haven't been taught that ballroom dance requires different skills. Couple dancing is like driving a car; The driver (Lead) has to learn how to drive, while the car (Follow) simply follows the directions given to it. Ballroom dancing is just as straight forward. Learn the rules, practice a little, and soon you will be dancing around the floor in happy abandon! This section was designed so that the one who wants to dance can give it to the one who doesn't want to dance, along with the words, "Just read the first section. If that doesn't convince you to at least give Couple Dance a try, I'll give you some peace." •Section Two: Decision Made. Here I talk about the different dances and how they might be used. You will learn about the different types of lessons and how they are used to help you learn efficiently and quickly. You also learn how to determine if you have an honest studio, and a knowledgeable teacher. This is the meat of the book as it will give you the information, going in, to negotiate with knowledge of what you are getting into. Section Three is like a notebook of information I think it is useful for every student to have. Here you'll learn the difference between a slot, a spot, and a progressive dance. You'll learn a little about foot and room alignments, and why it's important to know these things. I discuss Dance frame, timing, and many other useful topics. Here Is A Preview Of What You'll Learn...How to negotiate effectively with a studio or independent teacherHow to overcome objections to learning to Ballroom DanceHow to find partners, and ask them to danceHow to find the right teacherWhat the different dances are and how you might use themHow the different lessons work togetherHow to become a teacherHow to fire a teacherMuch, much more!Download your copy today!There are no more excuses to delay learning to Ballroom and social dance any longer. Yes! You CAN Ballroom Dance has removed all excuses, except your own fear. But it can do even that, if you let it. About The Author: I have couple danced on cruises, in parks, on subways, and at parties. I have danced on the observation decks of The World Trade

Center, and the Empire State Building in New York, and in the Sears Tower in Chicago.

I've couple danced in restaurants, movie theaters, and I even taught my mom how to dance 4-count Hustle during intermission at a drive-in theater. I've even danced during a standing traffic jam in Cincinnati, Ohio. If there is empty space, music, and a partner, therein lies Couple Dance waiting to happen! Keywords: Ballroom Dance, Couple dance, Waltz, Foxtrot, Swing, West Coast Swing, Tango, Argentine Tango, Samba, Saving money, Cruise ship, travel, ballrooms, lovecraft, exercise

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## Customer Reviews

I'm someone that doesn't dance on the dance floor that often, and when someone asks me to dance I usually say no because I don't want to embarrass myself. Before I read this book I only knew of a couple of dances and their names but this book names all of them and go into detail about what each one is. It has motivated me to want to learn how to dance so that next time someone asks me, I won't say no!

This was a great book on learning ballroom dancing and I thought Brit did a great job at explaining the technicalities. Also everything was put in very simple terms that everyone can understand and he even put a section on excuses to get you started on dancing. I highly recommend this book to anyone looking to start ballroom dancing!

I gave this book a five because it's easy to understand and full of useful information! Brit knows what he's talking about.

The book was well organized and informational. I enjoy all aspects of dance. I can't wait to learn Ballroom Dance!

Wonderful

As someone who took up ballroom dancing two years ago (and loves it) I'm always looking for books to help me improve and to get a better understanding of the world of dance. When I first started reading this book, I really enjoyed it and parts truly resonated such as "Never memorize any lead-able pattern unless you intend to lead or teach. Become familiar with a pattern, then let it go". Obviously there are times (such as when performing) you need to memorize a pattern but the most important part for a follower (i.e.. the woman) is to learn to follow, and not anticipate. There were good basic explanations about dance terms and explanations of specific dancers such as fox trot, salsa etc. However, about half way through the book, he gets involved in detailed discussions about keeping time and counting beats. Hardly helpful to anyone wanting to know more about how to dance. He doesn't get back to the basics such as how to get more out of a lesson, or how to behave on the dance floor. So, I ended the book disappointed, so I'd give it 3.5 stars, but there are so few books like this, it's still worth reading.

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